

LUNCH TIME

Weekly Cafeteria Meal Plan



The school cafeteria menus have been designed to provide balanced, delicious and healthy choice for your child. Wholesome and hearty meal which is all cooked and prepared daily fresh and deliver to the school campus early morning. Our menus are made using local fresh products 100% Halal. *All menu items

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
	10.02.19	11.02.19	12.02.19	13.02.19	14.02.19
	Cafeteria meal plan	Cafeteria meal plan	Cafeteria meal plan	Cafeteria meal plan	Cafeteria meal plan
Soup of the day RO 0.800	Chef special soup of the day	Chef special soup of the day	Chef special soup of the day	Chef special soup of the day	Chef special soup of the day
Salad of the day RO 0.700	Pasta Salad	Mixed bean	Ceaser Salad	Italian chickpea salad	Lemon herb cous cous salad
Continental Meal of the Day RO 1.200	Pizza	Breaded fish & chips	Spaghetti beef Bolognese	Butter chicken curry	Beef Burger
Asian Meal of the day RO 1.000 / RO 0.800	Veg Curry / Dhal & Rice	Veg Curry / Dhal & Rice	Veg Curry / Dhal & Rice	Veg Curry / Dhal & Rice	Veg Curry / Dhal & Rice
NEW this week RO 1.000	Chicken Biryani	Chicken Biryani	Chicken Biryani	Chicken Biryani	Chicken Biryani
Sandwich Non Veg RO 0.700	Bacon sandwich /chicken sandwich	Bacon sandwich /chicken sandwich	Bacon sandwich /chicken sandwich	Bacon sandwich /chicken sandwich	Bacon sandwich /chicken sandwich
Sandwich Veg RO 0.700	Cucumber sandwich / egg sandwich	Cucumber sandwich / egg sandwich	Cucumber sandwich / egg sandwich	Cucumber sandwich / egg sandwich	Cucumber sandwich / egg sandwich
Wrap Non Veg RO 0.800	Arabic bread Chicken sawarma	Arabic bread Chicken sawarma	Arabic bread Chicken sawarma	Arabic bread Chicken sawarma	Arabic bread Chicken sawarma
Wrap Veg RO 0.800	Falafel Wrap / Fresh vegetable wrap	Falafel Wrap / Fresh vegetable wrap	Falafel Wrap / Fresh vegetable wrap	Falafel Wrap / Fresh vegetable wrap	Falafel Wrap / Fresh vegetable wrap
Dessert RO 0.500	Assorted cupcakes	Chocolate muffin	Oreo cake	Brownie	Assorted pastry
Whole fruit RO 0.200	apple / banana / pear	apple /banana/pear	apple /banana/pear	apple /banana/pear	apple /banana/pear
Beverages RO 0.200	Tetra pack milk & juice	Tetra pack milk & juice	Tetra pack milk & juice	Tetra pack milk & juice	Tetra pack milk & juice

